COVID-19 & The Impact on Cost Trends

COVID-19

Impact of COVID-19

- COVID-19 has made some permanent shifts in the health system:
  - Digital sites of services have expanded access to physical and mental health treatment options
  - The use of outpatient and ambulatory surgical centers for procedures has accelerated
  - The impact of long COVID on healthcare is still evolving

Source: 2024 Segal Health Plan Cost Trend Survey